



LETTING GO WELL: THE INNER WORK OF A MEANINGFUL EXIT

PRESENTED BY
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A futuristic cityscape at night with glowing light trails and a dark blue overlay box containing the text 'CORE IDEA'.

CORE IDEA

“Exiting well is not a business transaction. It’s an identity transition.”

Most leaders prepare for the transfer of ownership.
Very few prepare for the transfer of self.

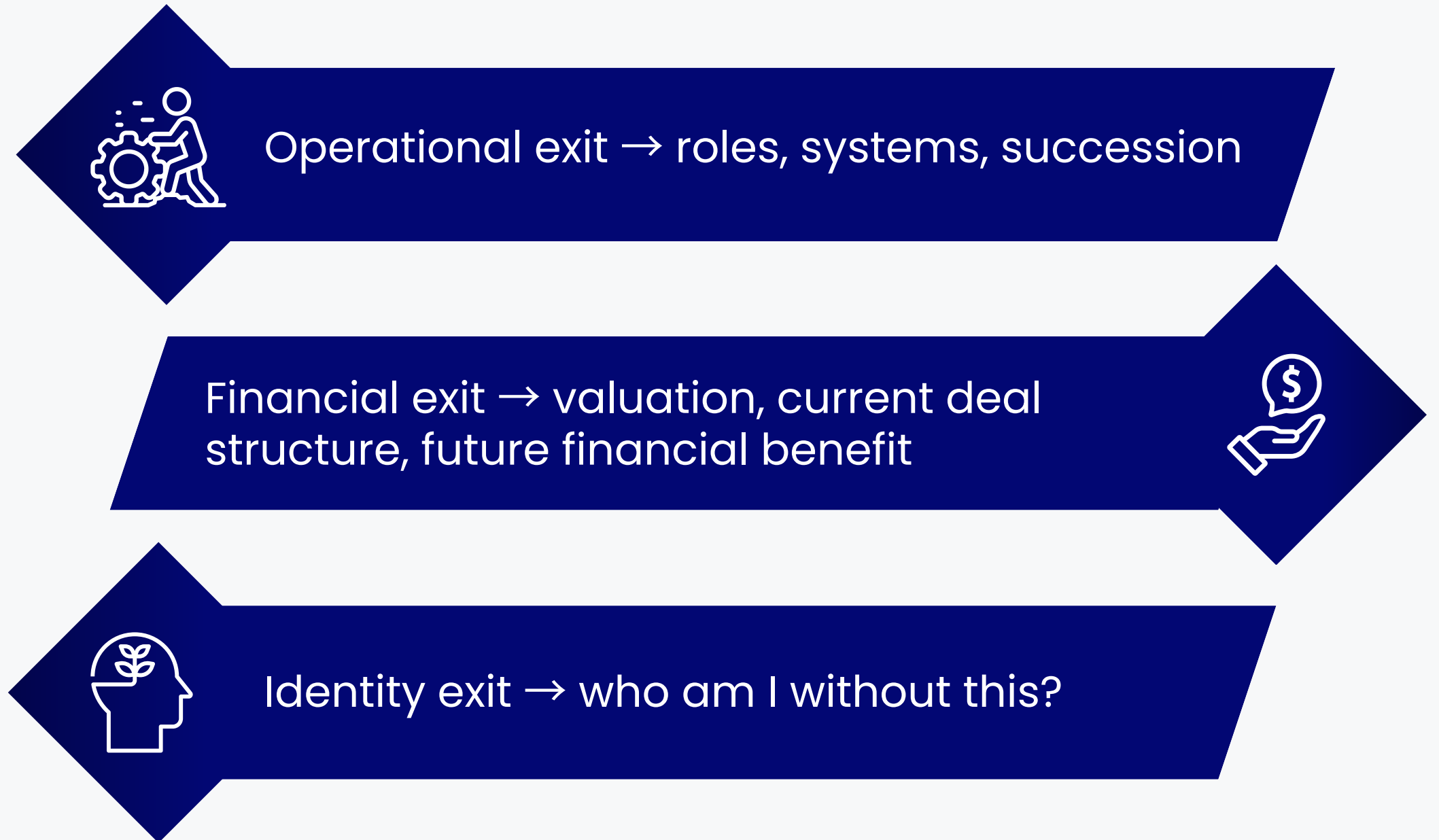
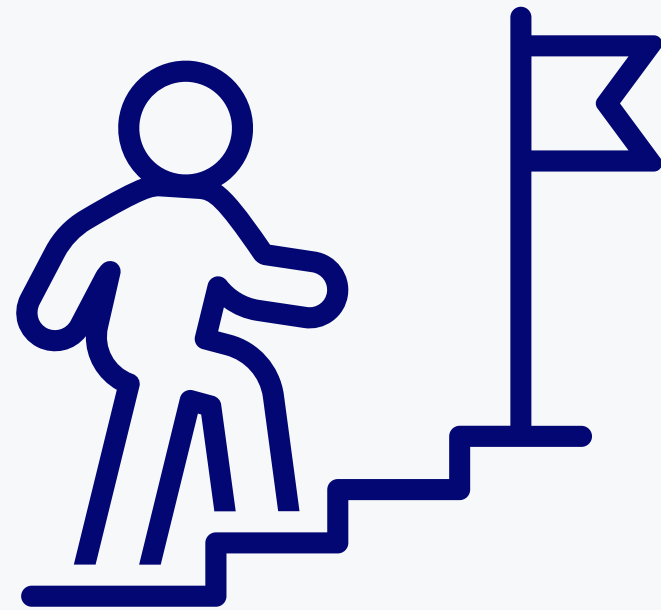


A PARADIGM TO CONSIDER:

Your Kids vs. Your Company

**“The hardest part of leaving your business is not
leaving your business. It’s facing yourself.”**

THREE LAYERS OF EXIT:



If you don't lead your identity transition, it will lead you.

THE FOUR INNER CHALLENGES

01

DETACHMENT– *“I am not this business and this business is not me.”*
You are not what you built. You are who you became while building it.

02

GRIEF– *“I’m losing so much.”*
If you don’t grieve it, you will either cling to it... or replace it too quickly.

03

FEAR– *“What now?”*
You are not stepping away from purpose. You are being invited into a new expression of it.

04

LEGACY– *“Did it matter?”*
Key Shifts: From “What did I build?” To “Who did I build?” And
“How did it build me?”

BREAKOUT

**“Which of these four
feels most real for you
right now—and why?”**



4 PRACTICES FOR LETTING GO WELL

Look Back:

Honor the Story. You can't release what you haven't fully recognized.

Look In:

Awareness. Tell yourself the truth. Clarity creates clean exits.

Look Around:

Honest Conversations. Unspoken things don't disappear—they leak.

Look Ahead:

Pace Management. Resist urgency. Fast transitions often lead to false next steps.

Look In Again:

Motivation Check. Get underneath your "why." The quality of your leaving determines the quality of your next chapter.



Leave something behind... without leaving yourself behind.

How you leave will either free you... or follow you.

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