

SIX AFFIRMATIONS FOR THE BUSINESS OWNER

We all battle insecurity in various ways. This is what it is to be human. And we all need tools and tips to help us create confidence and restore belief that we do have what it takes! Here are 6 affirmations that you can print and post somewhere as reminders to keep before you fend off the feelings of insecurity that you might feel as a business owner:



- 1 I AM VERY BRAVE. ONLY BRAVE PEOPLE CAN START AND RUN BUSINESSES.
- 2 I AM NOT STUCK OR ALONE. I CAN MAKE SMALL DECISIONS THAT BRING BIG MOVEMENT.
- 3 I AM A LIMITED HUMAN. I AM MORE LIKE A GARDEN THAN A MACHINE.
- 4 I DO NOT NEED ALL OF THE SKILLS. OTHERS CAN USE THEIRS.
- 5 I DO NOT HAVE TO HAVE ALL THE ANSWERS. MANY OF MY ANSWERS ARE AVAILABLE IN OTHER PEOPLE AND RESOURCES.
- 6 I AM NOT MY BUSINESS. I PREDATED AND WILL OUTLAST MY COMPANY.